Heads on valve seal change

I changed the seals today by keeping the valves up with air . Knock out an old spark plug and weld an air hose fitting on . I'd weld a little piece of tubing next time . Makes getting the hose off easier . Have a head gasket on hand in case you drop the valve in by mistake . With 100psi be hind it, it shouldn't happen . Cover the push rod holes or your going to have fun using a magnet to get the valve retainers out . I was lucky I got mine out . I have seen it done on V8 years ago but have never tried it . Piece of cake . When you put the air to it the motor may spin to bottom of stroke .



